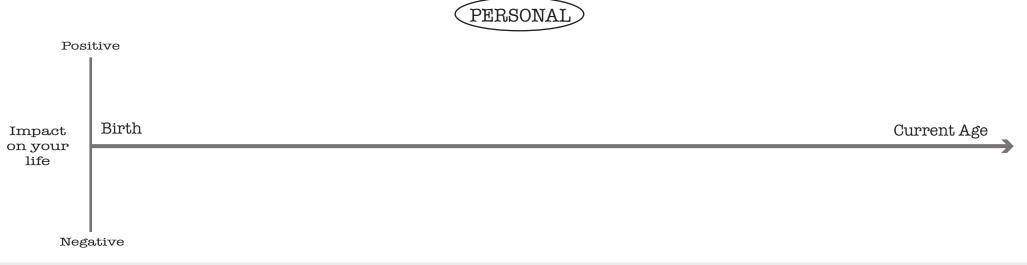
Trust Your Gut Timeline

Personal Timeline: Please mark and describe positive and challenging Key Life Events on the timeline by placing a mark that represents the impact of each event on your life.

Connect the events with a line.



Health Timeline: Please mark and describe positive and challenging Key Medical Events on the timeline by placing a mark that represents the impact of each event on your health.

Connect the events with a line.

